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# I Don't Want To Be Crazy



*Par Samantha Schutz  
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## Description :

Prsentation de l'diteurA harrowing, remarkable poetry memoir about one girl's struggle with anxiety disorder. This is a true story of growing up, breaking down, and coming to grips with a psychological disorder. When Samantha Schutz first left home for college, she was excited by the possibilities -- freedom from parents, freedom from a boyfriend who was reckless with her affections, freedom from the person she was supposed to be. At first, she revelled in the independence. . . but as pressures increased, she began to suffer anxiety attacks that would leave her mentally shaken and physically incapacitated. Thus began a hard road of discovery and coping, powerfully rendered in this poetry memoir.Prsentation de l'diteurA harrowing, remarkable poetry memoir about one girl's struggle with anxiety disorder. This is a true story of growing up, breaking down, and coming to grips with a psychological disorder. When Samantha Schutz first left home for college, she was excited by the possibilities -- freedom from parents, freedom from a boyfriend who was reckless with her affections, freedom from the person she was supposed to be. At first, she revelled in the

independence. . . but as pressures increased, she began to suffer anxiety attacks that would leave her mentally shaken and physically incapacitated. Thus began a hard road of discovery and coping, powerfully rendered in this poetry memoir. *Biographie de l'auteur* Samantha Schutz is the author of the acclaimed memoir *I Don't Want to Be Crazy*, which was a New York Public Library Best Book for Teens and Voices of Youth Advocates Poetry Pick. *You Are Not Here* is her first novel. Samantha lives and works in New York City as a children's book editor. For more about her, please visit [www.samanthaschutz.net](http://www.samanthaschutz.net).