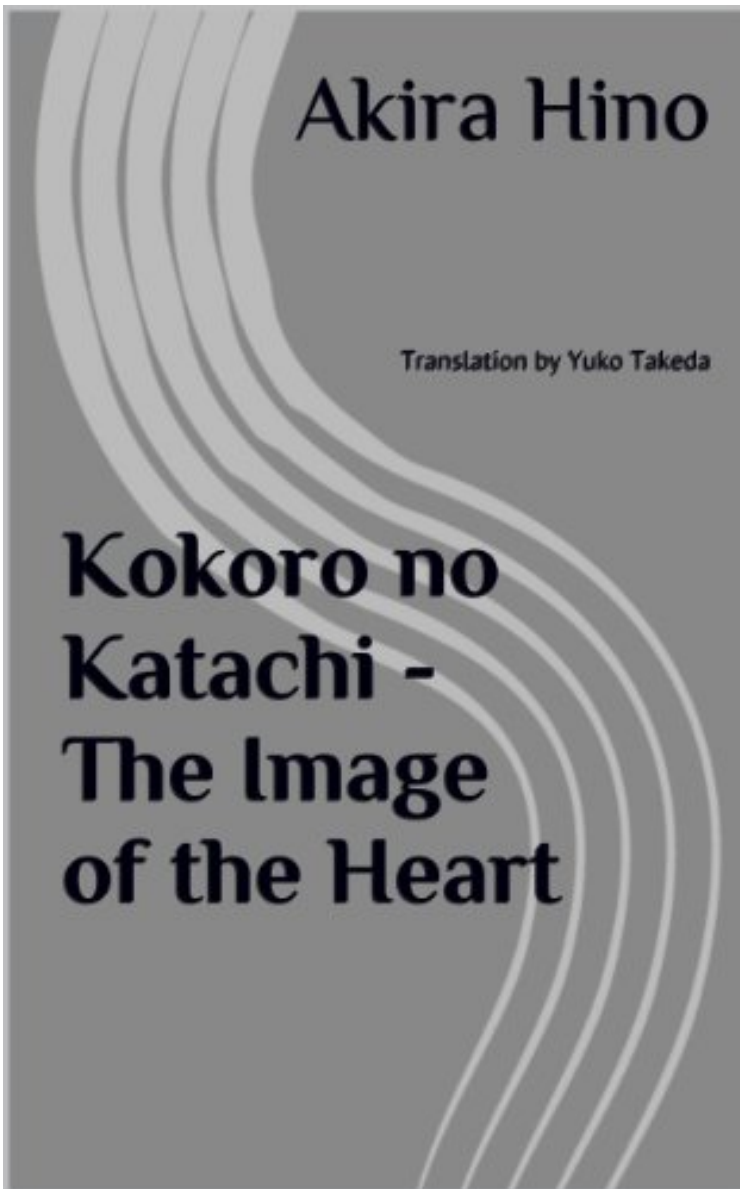


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Kokoro no Katachi --- The Image of the Heart (English Edition)



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Description :

Prsentation de l'diteurOriginally written in Japanese and published in Japan in 2002, "Kokoro no Katachi - The Image of the Heart" has been offering a unique perspective on the Japanese martial arts (Budo or Bugei) and their cultural significance to many readers. "What is true Budo?" "What does the journey to become a master of Budo entail?" Driven by those burning questions, the author Mr. Hino examines and illuminates the wisdom of legendary masters, especially the world's most well-known grand master of Japanese martial arts

Masaaki Hatsumi (1931-). His personal encounter and interview with Mr. Hatsumi makes the essence of ancient martial arts real and alive in present times. With a new epilogue added, the book is now available in English as a complete edition. Originally written in Japanese and published in Japan in 2002, "Kokoro no Katachi - The Image of the Heart" has been offering a unique perspective on the Japanese martial arts (Budo or Bugei) and their cultural significance to many readers. "What is true Budo?" "What does the journey to become a master of Budo entail?" Driven by those burning questions, the author Mr. Hino examines and illuminates the wisdom of legendary masters, especially the world's most well-known grand master of Japanese martial arts Masaaki Hatsumi (1931-). His personal encounter and interview with Mr. Hatsumi makes the essence of ancient martial arts real and alive in present times. With a new epilogue added, the book is now available in English as a complete edition.

Biographie de l'auteur Born in Osaka, Japan in 1948. Mr. Hino is not only a renowned master of Japanese Budo (martial arts) but also a director, instructor, professional jazz drummer, lecturer, and author. His incredible physical ability was first realized when he became a self-taught gymnast in junior high school. He was soon selected as one of the Tokyo Olympic qualifiers for the intensive training camp. As a professional jazz drummer, he collaborated with many internationally acclaimed Japanese artists in the '70s and '80s. When he turned 30, he founded the Hino Budo institute and started to build his own dojo (training place), which took 10 years to complete, in Kumano, Wakayama. He formed the basis of "Hino Method" through his rigorous training there. It aimed for the highly efficient way of using the body without relying on the muscle power. Mr. Hino and his unique method have been featured in both national and international mass media (TV, movie, radio, magazine, newspaper, video, DVD, etc.) numerous times. His theory of the human body has been resonating with people from all walks of life, including martial artists, athletes, dancers, actors, doctors, teachers, therapists, scientists, etc. Since 2005, Mr. Hino has been yearly invited by William Forsythe to teach the members of the Forsythe Company in Frankfurt, Germany. He has also given many workshops and seminars in Europe (Spain, France, Italy, Switzerland, Belgium, Sweden) and North America (Canada).